

**Robbinsville Township Schools**  
**Health Services Department**

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Robbinsville, NJ 08691

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May 25, 2017

Dear Parents/Guardians of Prospective Athletes of Grades 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> in the 2017 -2018 school year:

It is time to sign up for fall interscholastic sports (boys' soccer, girls' soccer, boys' cross country, girls' cross country and field hockey).

The State of New Jersey passed a revision to its administrative code which affects physicals. As required by N.J.A.C. 6A:16-2.2(h), student medical examinations must be conducted at the medical home of the student and a full report must be sent to the school. If the student does not have a medical home, the school physician is required to provide this examination at his/her office or other appropriately equipped facility. A "medical home" is defined in N.J.A.C. 6A:16-1.3 as meaning a health care provider and that provider's practice site chosen by the student's parent or guardian for the provision of health care, (the student's physician). This code was changed due to concern for student safety and to ensure that our student athletes are physically able to safely compete in athletics. The feeling is that your own physician knows your child best and can treat and/or follow up with any problems that may be found. **The school physician must review and approve the physical examination done by the medical home as per N.J.A.C. 6A:16-2.3(h) 5. It is recommended, not required, that prospective student athletes receive an EKG as part of their physical exam.**

**Physicals must be completed within 365 days prior to the first try-out session and must be completed on the school's athletic forms (pursuant to N.J.A.C. 6A:16 Programs to Support Student Development). Every line and blank must be filled out COMPLETELY or it will be returned to you for completion. Please call your medical home for the appointment well in advance of the due date to ensure the physical examination will be completed in time.**

**If your child has asthma, an asthma action plan must be completed by your child's physician prior to the start of try outs. If your child has any allergy requiring the administration of epinephrine, please have the emergency allergy action plan completed by your child's physician.**

**All forms must be completed and turned in to the nurse's office by August 25, 2017. If they are not turned in by August 25, 2017, they may not be processed in time for the first try-out on September 11, 2017; therefore the student may not be able to try out.**

Fall sports sign-ups will begin May 30 2017. Your child will receive his/her athletic packet with his/her required forms beginning the week of June 12, 2017.

We are aware that some students do not have a family physician. Screenings will be provided by the school physician for those students **only**. If this is the case, please call our office so that the screening can be arranged.

Thank you for your cooperation. If there are any questions, please do not hesitate to call us.

Sincerely,

Ginny King, RN, BSN, CSN  
School Nurse

Gail Cipolloni, RN, BSN, CSN  
School Nurse