

Pond Road Middle School
Important Sports Information

Students in grades 6th, 7th and 8th are eligible to try out.

Fall Sports offered: (September – October)

- Boys Soccer
- Girls Soccer
- Boys Cross Country
- Girls Cross Country
- Field Hockey

Winter Sports Offered: (November-February)

- Boys Basketball
- Girls Basketball
- Wrestling

Spring Sports Offered: (March-May)

- Baseball
- Softball
- Boys Track & Field
- Girls Track & Field

Sports Packet includes the following:

- Permission for Athletic Participation
- Sports Emergency Card
- Sports Related Concussion/Head Injury Fact Sheet and Parent Acknowledgement Form
(student/parent signature needed)
- Sudden Cardiac Death Pamphlet (student/parent signature needed)
- Sports Related Eye Injuries: An Educational Fact Sheet for Parents
- Sports Packet Cover Sheet
- Health History Update Questionnaire (must be updated each season)
- Physical Examination Form (Physicals are good for 365 days)

Students will not be eligible to try out unless all signed and completed forms are received by the due date.